



# Sundari's Plant-Based Kitchen

@ The Perry Vale

Unit A, 31, Perry Vale, Forest Hill SE23 2AR

## What's on the menu

### Open Buffet

Fill your plate with our wide selection of colourful and delicious salads, made from the freshest vegetables, legumes and grains. Enjoy our variety of nuts, seeds, dips and relishes alongside our freshly-baked breads and rolls, which are perfect with a dollop of our speciality vegan butter!

£15 per person – Take away available £10 per box

### Made to order items

Crisp Jack fruit cake  
£2.50

Seitan rilette £2.50

Tempura Tofish  
£2.50

Sharing-plate selection  
£6.00

### Sides

Thrice-cooked hand-cut chips  
£1.50

Galette potato  
£1.50

Spring onion, fresh herb & yogurt Potato salad  
£1.50

Saffron & Parmesan polenta £1.50

**Sundari's Plant-Based Kitchen – Vegan's feeding Vegan's**

### **Something sweet**

Passion fruit Cheesecake with raspberry  
coulis £3.00

Sweet potato chocolate brownie with chocolate  
sauce £3.00

Raspberry sorbet £2.00

## **VEGAN BUFFET**

**Sundari's Plant-Based  
Kitchen is coming to The  
Perry Vale  
for one day only!**

**Saturday 24th March  
2018**

**12.30pm – 9pm**

**Open Buffet**

**Sundari's Plant-Based Kitchen – Vegan's feeding  
Vegan's**



Fill your plate with our wide selection of delicious, colourful salads, a variety of nuts, seeds, dips, relishes and fresh-baked Vegan breads which are perfect topped with a dollop of Vegan butter!

**Dine in £15 per person**

**Takeaway available £10 per box**

I'm Sundari – a Nutritional Therapist and plant-based enthusiast who is passionate about merging healthfulness and taste into every bite of my recipes. Welcome to my kitchen!



**Bringing Pop-Up Vegan Buffets to life!**

If you're passing by on Saturday March 17th, pop in and create

**Sundari's Plant-Based Kitchen – Vegan's feeding Vegan's**



your very own unique tasty  
Vegan salad bowl.

**Come join the fun!**

Show your support – Let's  
expand our Vegan buffets!

**Sundari's Plant-Based Kitchen – Vegan's feeding  
Vegan's**